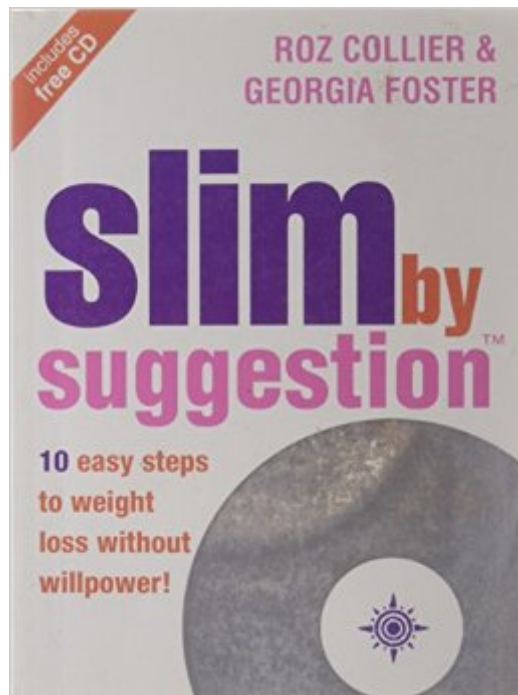


The book was found

# Slim By Suggestion: 10 Easy Steps To Weight Loss Without Willpower!



## Synopsis

With this book and 74-minute CD, you will discover why all the other diets you have tried--using willpower alone--have failed.

## Book Information

Paperback: 208 pages

Publisher: Thorsons (April 25, 2002)

Language: English

ISBN-10: 0007126662

ISBN-13: 978-0007126668

Product Dimensions: 6.4 x 0.6 x 8.4 inches

Shipping Weight: 14.1 ounces

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (1 customer review)

Best Sellers Rank: #7,528,457 in Books (See Top 100 in Books) #82 in [Books > Health, Fitness & Dieting > Diets & Weight Loss > Hypnosis for Diets](#) #2893 in [Books > Self-Help > Hypnosis](#) #20720 in [Books > Health, Fitness & Dieting > Diets & Weight Loss > Weight Loss](#)

## Customer Reviews

I found this book and the accompanying cd very helpful in my weight loss efforts. It works. The book promises "10 easy steps to weight loss without willpower." For me, that promise was kept.

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Slim by Suggestion: 10 Easy Steps to Weight Loss Without Willpower! Weight Loss: 20 Proven Smoothie Recipes For Weight Loss, Health, And Energy (Lose Weight Fast, Smoothies For Weight Loss, Smoothie Recipes, Lose Weight, ... Loss Smoothies, Weight Loss Motivation,) Weight Loss: 30 Days Weight Loss Challenge - Eat More Food Lose More Weight - Turn Your Weight Loss Vision Into Reality (How to Lose, Weight Loss Tips, Women, Weight Loss Nutrition, Diet Plan) How To Lose Weight Without Diet and Exercise: How To Lose Weight Without Moving: Rapid Weight Loss: The Lazy Person's Guide For Weight Loss Ketogenic Diet: 5 Weeks Ketogenic Plan - Weight Loss Recipes - Easy Steps For beginners (Ketogenic Diet, Ketogenic Plan, Weight Loss, Weight Loss Diet, Beginners Guide) Mudras: Mudras For Weight Loss: 15 Easy Hand Gestures For Easy Weight Loss (Mudras, Mudras For Beginners, Mudras For Weight Loss) Hair: Hair Loss: Learn About Hair Loss Prevention Methods and Regrowth Treatment: Hair Loss Cure: Hair Loss (Men's Health, Hair Loss Treatment, Regrow ... Loss Treatment for Woman, Hair Loss Cure) The Comprehensive Hair

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